

Winter break is a wonderful time for families to enjoy stories together, whether you're watching, listening, or reading!
Stories spark imagination, build empathy, and create rich opportunities for conversations that strengthen literacy skills.

Heading out on a longer trip? Try listening to an audiobook—many are free through your public library! You could also pick a book for everyone to read and discuss together, or enjoy a great movie as a family.

These stories are all great places to start conversations! Ask each other questions about:

- Your opinions on the story and what you each enjoyed
- Things you're each curious about
- What connections each of you can make to other stories or your own experiences



critical thinking around language. Word games are particulary great at building language skills.

- Consider games like Boggle, Quiddler,
   Scrabble, Apples to Apples, or Codenames.
- Try setting up a family Wordle challenge!

## Share The Socials

Encourage your family to share what each person is seeing online.

- Have a daily social media round-up when each family member shares their favourite meme, video or post.
- Have everyone keep a eye out for fake news and share it! Look for undercover AI, out of context clips or biased and false information. Have a critical discussion about it.

Be mindful of the time spent on devices. Once students get used to excessive screen time, cutting back can be challenging. Try setting specific periods when the whole family puts devices aside and focuses on enjoying the moment together.

