

Community Events

Connect & Learn | for Parents & Caregivers

LOCATION: Richmond Public Library, 100-7700 Minoru Gate, Richmond

COST: Free

For more information and to register, go to familysmart.ca/events

Questions?

EMAIL: sandy.chen@familysmart.ca

PHONE/TEXT: 604-607-9572



November events:

Nov. 4th, 10 am - Emotion Regulation

Nov. 5, 7 pm - Now What? A beginning conversation to support families when our kids begin experimenting with substances

Nov. 18th, 10 am - Connecting With Our Kids When Anxiety Leads to Social Isolation

This video presentation will be followed by a discussion facilitated by the Family Peer Support Workers in Richmond.



Register online at
familysmart.ca/events

