

MON	TUE	WED	THU	FRI
20 Day 1	21 Day 2	22 Day 1	23 Day 2	24 Day 1
	Grade 7 Feeder School Volleyball Tournament 3:00-7:30pm	SFU Visit in the Library during lunch 1:10pm		



As we are heading into the illness season, which includes cold, flu and COVID-19. We would like to take a moment to remind students and parents on what to do if your student isn't feeling well.

**We ask all students to stay home and away from others until your symptoms resolve, your fever is gone or signs of fever (chills, feeling very warm, flushed appearance, or sweating) without the use of medicines that reduce fever, like Tylenol or Advil.**

It is important for people with symptoms to stay home to reduce any potential spread of illness until their symptoms have resolved until they are able to participate in their usual activities.

Both flu and COVID-19 has varying degrees of symptoms, ranging from no symptoms (asymptomatic) to severe symptoms. Common symptoms that COVID-19 and flu share include:

- Fever or chills
- Cough
- Loss of sense of smell or taste
- Difficulty breathing
- Sore throat
- Loss of appetite
- Runny nose
- Sneezing
- Extreme fatigue or tiredness
- Headache
- Body aches
- Nausea or vomiting
- Diarrhea

What happens if you test positive for COVID-19?

If you tested positive for COVID-19, stay home and away from others until you do not have a fever and your symptoms have resolved, and you feel well enough to return to your regular activities.

What happens if you test negative for COVID-19?

If you have mild symptoms and tested negative for COVID-19, or did not test, stay home until you do not have a fever and your symptoms have resolved, and you feel well enough to return to your regular activities.

**Thank you for helping to keep our MacNeill Community healthy and safe!**

## DATES TO REMEMBER

NOV. 21 • GRADE 7 FEEDER SCHOOL VOLLEYBALL TOURNAMENT  
NOV. 22 • SFU VISIT IN THE LIBRARY DURING LUNCH 1:10PM  
NOV. 27 • GURU NANAK DEV SAHIB  
NOV. 28 • SFU BEEDIE - IN THE LIBRARY DURING LUNCH 1-1:45PM



BRITISH  
COLUMBIA

MyEducationBC

MyEd Step-by-step instructions and tip sheets for logging on to the MyEducation BC Portal are on our website.

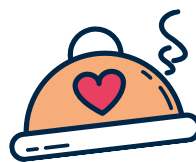
<https://macneill.sd38.bc.ca/parents/myeducation-bc-information>

**Term 1 Written Learning Update (Report Cards) will be posted on MyEd on December 7.**

**\*Ensure you download your student's interims and report cards as they are only accessible for a limited time\*\***

**Please to remember to log into your account once in awhile since the MyEd accounts reset after 90days of inactive use.**

If parents or students need help with resetting their MyEducation BC Portal account please connect with the school either by email (macneill@sd38.bc.ca) or call at 604-668-6212. Please ensure you provide your first and last name so we can locate your account.



## CAFETERIA MENU

Curry Chicken • Monday  
Popeye Chicken Burger & Fries • Tuesday  
Mac & Cheese • Wednesday  
Burger with Onion Rings • Thursday  
Pasta & Tomato Beef Sauce • Friday