

(School Closed)



As we are heading into the illness season, which includes cold, flu and COVID-19. We would like to take a moment to reminder students and parents on what to do if your student isn't feeling well.

We ask all students to stay home and away from others until your symptoms resolve, your fever is gone or signs of fever (chills, feeling very warm, flushed appearance, or sweating) without the use of medicines that reduce fever, like Tylenol or Advil.

It is important for people with symptoms to stay home to reduce any potential spread of illness until their symptoms have resolved until they are able to participate in their usual activities.

Both flu and COVID-19 has varying degrees of symptoms, ranging from no symptoms (asymptomatic) to severe symptoms. Common symptoms that COVID-19 and flu share include:

- Fever or chills
- Cough
- Loss of sense of smell or taste
- Difficulty breathing
- Sore throat
- Loss of appetite
- Runny nose
- Sneezing
- Extreme fatigue or tiredness
- Headache
- Body aches
- Nausea or vomiting
- Diarrhea

What happens if you test positive for COVID-19?

If you tested positive for COVID-19, stay home and away from others until you do not have a fever and your symptoms have resolved, and you feel well enough to return to your regular activities.

What happens if you test negative for COVID-19?

If you have mild symptoms and tested negative for COVID-19, or did not test, stay home until you do not have a fever and your symptoms have resolved, and you feel well enough to return to your regular activities.

Thank you for helping to keep our MacNeill Community healthy and safe!





## Bacon Cheese Burger • Tuesday Batter Chicken • Wednesday Jappa Dog & Fries • Thursday Mac & Cheese with Garlic Toast • Friday

## DATES TO REMEMBER

- DEC. 1 PRO-D DAY (SCHOOL CLOSED) DEC. 6 • HOME OPENER
- DEC. 7 TERM 2 REPORT CARDS PUBLISHED
- DEC. 7 -15 HANUKKAH
- DEC. 12 COLLABORATION DAY (DIFFERENT SCHEDULE)
- DEC. 20 PAC MEETING
- DEC. 21 WINTER SOLSTICE DEC. 22 • WINTER BREAKFAST <u>AT 7:30AM</u>
- LAST DAY BEFORE WINTER BREAK DEC. 25-JAN. 5 • WINTER BREAK (SCHOOL CLOSED)
- A C N E I L L S P I R I T W E A R ORDER NOW - DE ADLINE TO ORDER IS DECEMBER 11

Don't miss out on our MacNeill Clothing Sale! <u>AR MacNeill Secondary Spirit Wear (orderpromos.com)</u>

All items will have the same logo on each of them and we have a variety of different colors available, Athletic heather (grey), Navy, White & Gold (depending on available options). All orders will be distributed after the Winter Break (January 2024). This way individuals will be able to start the New year with new school swag.

We will have the following items available for selection at this time: Cotton Tees and Long Sleeve Tee. Fleece Hood, Crewneck and Sweatpants

The deadline to order is Monday, December 11, 2023. Ordering will be directly from the supplier NOT with the school. Please place your orders directly with the company, you will have to fill in all of the information correctly to complete this order and please include your student's name and grade upon checkout in the notes section, so that it goes to the correct person.