


THE MACNEILL WEEKLY

PARENT EDITION

VOL. NOV

MON	TUE	WED	THU	FRI
13	14 Day 1	15 Day 2	16 Day 1	17 Day 2
 Remembrance Day (School Closed)	Collaboration Day (Different Schedule)	PAC Meeting		



COLLABORATION SCHEDULE

NOVEMBER 14 TUESDAY

COLLABORATION DAY	
COLLAB	8:30 – 9:45
Block 1	9:45 – 10:47
BREAK	10:47 – 11:02
Block 2	11:02 – 12:05
Block 3	12:10 – 1:12
Lunch	1:12 – 1:57
Block 4	1:57 – 3:00

SOCIAL MEDIA AWARENESS, DIGITAL CITIZENSHIP & CYBERBULLING INFO SESSION



DATE: Wednesday, November 15th, 2023
TIME: 6:00PM To 8:00PM (90-minute presentation, followed by 30-minute Q&A)
LOCATION: Remote via Zoom - The Zoom meeting ID and passcode will be sent to all registrants the day before the session.

Please click the link to register

https://forms.office.com/pages/responsepage.aspx?id=0iIpgHtfBEONGBJ_Fedu-8ow8r7yz8VNiiAByyx8MQpURE1IS0LJM0tPMDg2M0dXVzVJNzVHVTFVMCQIQCNjPTEu

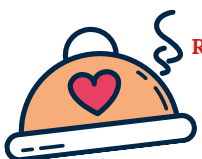
As a parent/caregiver, you lead the charge as a digital role model. Help your child develop a strong digital citizenship foundation while reminding them that their digital tattoo reflects their real and online selves. Parents/Caregivers have an important role to play in providing support and guidance during critical periods. A snapshot of current trends and concerning apps will be provided to equip you in your digital parenting strategy.

- Social Media Updates - The most current apps and trends in your children's social media lives
- Digital Parenting Strategy - How to have important conversations with your child around social media safety
- Digital Footprint and Reputation - With their future approaching, recruiters and employers are taking note - What will they find?
- Family Tech Plan - Recommendations for family guidelines and parental controls

Understanding Privacy Settings and App Locks – a walkthrough of how to navigate privacy controls on your devices.

CAFETERIA MENU

Remembrance Day (School Closed) • Monday
 Pork Udon • Tuesday
 Spaghetti & Garlic Bread • Wednesday
 Pop Eye Chicken Burger • Thursday
 Teriyaki Chicken Rice Bowl • Friday



MACNEILL SECONDARY

DATES TO REMEMBER

- NOV. 11 • REMEMBRANCE DAY - LEST WE FORGET
- NOV. 13 • REMEMBRANCE DAY (SCHOOL CLOSED)
- NOV. 14 • COLLABORATION DAY (ALTERNATIVE SCHEDULE)
- NOV. 15 • PAC MEETING
- NOV. 27 • GURU NANAK DEV SAHIB



As we are heading into the illness season, which includes cold, flu and COVID-19. We would like to take a moment to remind students and parents on what to do if your student isn't feeling well.

We ask all students to stay home and away from others until your symptoms resolve, your fever is gone or signs of fever (chills, feeling very warm, flushed appearance, or sweating) without the use of medicines that reduce fever, like Tylenol or Advil.

It is important for people with symptoms to stay home to reduce any potential spread of illness until their symptoms have resolved until they are able to participate in their usual activities.

Both flu and COVID-19 has varying degrees of symptoms, ranging from no symptoms (asymptomatic) to severe symptoms. Common symptoms that COVID-19 and flu share include:

- Fever or chills
- Cough
- Loss of sense of smell or taste
- Difficulty breathing
- Sore throat
- Loss of appetite
- Runny nose
- Sneezing
- Extreme fatigue or tiredness
- Headache
- Body aches
- Nausea or vomiting
- Diarrhea

What happens if you test positive for COVID-19?

If you tested positive for COVID-19, stay home and away from others until you do not have a fever and your symptoms have resolved, and you feel well enough to return to your regular activities.

What happens if you test negative for COVID-19?

If you have mild symptoms and tested negative for COVID-19, or did not test, stay home until you do not have a fever and your symptoms have resolved, and you feel well enough to return to your regular activities.

Thank you for helping to keep our MacNeill Community healthy and safe!